



# UIP NEWSLETTER

## END OF 2024



The UIP is wishing the vein-lymphatic world a meaningful end of the year and invites all to report their 2025 hopes on what the UIP can do for our global community in the dedicated page:

<https://www.uip-phlebology.org/uip-wish-2025>

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# UIP OFFICERS WISHES

## End of the year Wishes

### Presidential address

The end of the year is the perfect time to analyze what we have done and what we are aiming at. Looking back at 2024, UIP looks at the monthly effort in reaching out to all the vein-lymphatic world with great satisfaction because of the reinforcing synergy among countries and different healthcare sectors, related to both phlebology and lymphology.

The constant increase in interactions with previously not covered countries from Africa, Asia, Latin America, Near & Middle East, and Northern Europe has been of particular value. Meanwhile, the inherited difficulties have been progressively transformed in the chance to showcase the same UIP parts cohesion, fostering the identity of the same organization.

Inclusiveness has been dominating the strategic actions that are leading us toward the Buenos Aires World Congress, where, once again, UIP will open the doors to all the ones interested in proper vein-lymphatic care, science and education.

In that context several ongoing initiatives of the UIP will be presented on podium, among which the appropriateness documents, the Engagement Working Group initiatives, the educational committee production, the informed consent standardization and much more. Moreover, it will be the chance for identifying the 2029 World Congress Venue and the Executive Committee that will join my 2023-2027 mandate.

Looking forward for being together in person in Buenos Aires and, before, around the world, I personally wish all of you a wonderful end of the year, a proactive time of recollection and a future worthy of your present positive actions. As always, please do not hesitate to reach out for whatever need, also during the holiday season in case.



Sergio Giancesini

**UIP 2023-2027 president**

*(picture in memory of our Educational Committee Chair, Pauline Raymond-Martimbeau)*

# UIP OFFICERS WISHES

## **Zaza Lazarashvili (vice-president for NORTHERN EUROPE)**

Every year, the evidence based management of venous and lymphatic diseases becomes more and more important. However, the perception and implementation of international recommendations often differ markedly across countries and regions. The reasons for this are diverse, related to the level of socio-economic development of countries or regions, cultural and religious characteristics, and other factors. All of these factors impact the quality of information provision and, in general, the level of education. That is why the primary activity of the UIP, as a "society of societies", is aimed at increasing education and awareness of disease management among both doctors and the population. To achieve these goals, an intense institutional action has been developed, while fostering relationships among colleagues from all continents. I would like to thank the members of the UIP Executive Committee, as well as the member societies for a fruitful 2024 and wish them a stronger and broader cooperation in the new 2025, which is the year of the UIP World Congress.



***Merry Christmas and Happy New Year.***

## **Ravul Jindal (vice-president for ASIA, AFRICA AND OCEANIA)**

As we close this remarkable year, we celebrate the fantastic achievements of the Union International of Phlebology (UIP), including significant international collaborations and the successful inclusion of diverse Asian countries into our shared venous mission. Together, we've strengthened awareness and advanced venous care globally. Looking forward, we are excited to spread venous awareness even further across Asia with UIP's support, fostering growth and innovation in the year ahead. Wishing you all a Happy and Prosperous New Year filled with continued success and collaborations



# UIP OFFICERS WISHES

## **Rodrigo Rial (vice-president for SOUTHERN EUROPE)**

Dear colleagues,

Happiness is made up of everyday things: family, friends, company...

We don't have it every day, but it is my wish, one more year, that these Holidays come overflowing with happiness for you and yours, and that the year 2025 fills us with health, love and prosperity. We cannot forget that this year will be very important because a Great Congress awaits us in Buenos Aires, which part of the Executive Committee will be renewed. We look forward to seeing you all. With all my best wishes,



## **Carlos Simkin (vice-president for LATIN AMERICA)**

Dear UIP members, colleagues and friends, the end of the year is coming soon, we have to make the balance of what happened and think about the future. Personally I want to thanks everyone who has supported me as a latam Vice president, not only here, also worldwide, with a lot of phlebofriends here in the UIP, some old and some new! We have the commitment to continue working preparing the next world Congress in Buenos Aires 2025 in October 8 to 11. We are waiting you with open arms to share knowledge and learn a lot. It is my deep wish that all of you have a great Christmas and a best and happy new year. Wishing all the best.



# EDUCATION COMMITTEE ACTING-CHAIR

Following the heart-aching loss of our Educational Committee Chair, Pauline Raymond-Martimbeau, the co-chair prof. Jinsong Wang has been called to serve as acting-Chair (with no voting rights). Prof. Jinsong Wang is an outstanding professional figure with worldwide appreciated humane qualities. On behalf of all the UIP we all thank her deeply for the availability and commitment. She remains at everybody disposal, looking forward for fostering the best educational opportunities in the UIP global network.

Prof. Jinsong Wang's clinical works focus on the diagnosis and treatment of peripheral venous disease. She is experienced on treatment on deep venous thrombosis of lower extremity therapy using rapid thrombectomy and thrombolysis combined with iliac vein stenting. She also is interested in minimally invasive treatment for chronic venous insufficiency. She has outstanding clinical knowledge, rigorous clinical thinking. She has carried out multiple new technologies and shows strong ability in solving clinical problem. Her main current research line is on the aging related angiogenesis alterations. She has been running countless educational activities both in China and abroad.



## **Jinsong Wang, MD, PhD**

Department of Vascular Surgery  
Guangdong Provincial People's Hospital  
Director, Department of Medical Education  
Clinical Professor  
Chair, Department of Vascular Surgery  
President, Branch of Vascular Surgeons, Guangdong Medical Doctor Association  
Acting Chair, UIP Education Committee  
Deputy Secretary-general, Chinese Association for Phlebology  
Committee Member, Chinese Society for Vascular Surgery  
Member, Society for Vascular Surgery, USA  
Member, Chinese Medical Association

Dr. Jinsong Wang acceptance message

*"I'm beyond sorry with passing of Dr Pauline Raymond-Martimbeau, Chair of the UIP Education Committee, UIP Member of Honour and Past-President of the Canadian Society of Phlebology, which is a big loss for UIP.*

*It is my extreme honor to serve UIP as the Educational Committee acting-chair. I am mostly happy to contribute to UIP education under UIP Executive Committee's instruction. I will do my best to work on the educational assignments, delighted to offer my hardest work for the cause. I feel this will be the best way to honor the same dr. Raymond-Martimbeau memory, while fulfilling one of the main aims of the UIP. "*

## A Year of Progress and Priorities in Venous Disease Care



Lorena Grillo  
UIP Communications  
Committee Chair

As we close another year, it is essential to reflect on the milestones achieved in venous disease care, the challenges we face, and the opportunities that lie ahead. Venous disease remains a global health issue, affecting millions of people and placing significant burdens on healthcare systems, economies, and patients' quality of life. This year has demonstrated the power of innovation, collaboration, and advocacy in advancing care and improving outcomes worldwide.

Despite these advancements, inequities in access to care remain a pressing issue. In many low- and middle-income countries, patients face barriers such as limited resources, inadequate infrastructure, and a lack of trained professionals. The progression of venous disease—from pain and swelling to chronic ulcers—is often exacerbated by late diagnoses and delayed treatments. These disparities amplify socioeconomic burdens, including loss of productivity and long-term disability, particularly among vulnerable populations.

The economic impact of venous disease cannot be overlooked. Venous leg ulcers alone contribute to substantial healthcare expenditures globally, placing strain on healthcare systems and families alike. Direct costs, such as consultations, compression therapies, and procedures, are compounded by indirect costs related to absenteeism and diminished quality of life. Addressing this challenge requires a shift toward prevention, early detection, and cost-effective interventions to alleviate the financial toll.

Global collaboration has proven to be a cornerstone in tackling these challenges. The International Union of Phlebology (UIP) continues to lead efforts in uniting healthcare professionals, researchers, and policymakers worldwide. Through congresses, training programs, and knowledge-sharing platforms, UIP fosters the exchange of ideas and best practices that drive progress. Collaborative research this year has enhanced our understanding of venous pathologies, improved treatment guidelines, and advanced patient care on an international scale.

Looking forward to 2025, our priorities must center on prevention, innovation, and equity. Public health campaigns and screening programs are essential to identifying venous disease early and reducing its long-term impact. The integration of telemedicine, AI, and minimally invasive technologies will play a critical role in improving accessibility and outcomes, particularly in underserved regions. Addressing health inequities through education, resource allocation, and advocacy must remain at the forefront of our efforts.

The upcoming XXI UIP World Congress in Buenos Aires in October 2025 will be a pivotal platform for global leaders to collaborate, share innovations, and set the agenda for the future of venous care. It is through continued partnership and shared commitment that we will overcome challenges and create a more equitable, sustainable future for patients worldwide.

As we reflect on this year of progress, let us celebrate our collective achievements and redouble our efforts for the year ahead. Together, we can advance the science and practice of phlebology, improve patient outcomes, and ensure that quality care is accessible to all, regardless of geography or circumstance. The journey continues, and the future of venous disease care has never looked more promising.

# UIP HIGHLIGHTS

## From SCANDINAVIA to THAILAND “Different Similarities”

In the last weeks two impressive events happened in two so different parts of the world, such as Scandinavia and Thailand, while showcasing a common excellence in grouping together colleagues from the inside and outside of the nation, providing excellent scientific and educational opportunities.

In Stockholm, the *Scandinavian Venous Forum* gathered together experts from Sweden, Norway, Finland, Iceland and other nations, delivering an educational content that literally kept all the attendees proactively participating to all the sessions. It also offered the chance of a deep analysis of the met and unmet needs of the regional vein-lymphatic practice, paving the way for meaningful synergy among the involved parts.



In a very similar way, the *Asian Society of Vascular Surgery* annual meeting brought in Bangkok representatives from all around the world, showcasing organizational skills and content delivery clearly belonging to the top congresses category. While different in geographical location and size, these events demonstrated a common trend in grouping different regions while promoting the same values of appropriate advancement in the field, features that are highly welcomed in the UIP and for which we deeply congratulate the organizers.

# Remembering Pauline

*It was with much sadness that I learned about Pauline's passing, but it provided the opportunity to reminisce upon the many good memories of times spent with her over the last 36 years. With infectious enthusiasm for all things phlebological and her keen sense of humor, our encounters all over the world were so very enjoyable.*

*As others have described, Pauline was indeed an exemplary teacher, instructor, colleague and coworker. Above all though, to me, she was a great friend. My heartfelt condolences go out to Louis, her daughters and grandchildren for the loss of this amazing woman.*

*Pauline, que tu reposes en paix mon ami.*



**Wayne Marley, MD**  
**Past President, NASP**

*Pauline's departure has shocked me.... I have known her for 35 years.*

*Every time I met Pauline at congresses and meetings, I saw the same flame, the same energy, the same determination and the same enthusiasm. She was driven by a deep desire to advance phlebology worldwide, but she was also a unifier. Direct, cheerful, with Pauline we had a clear idea. There was no room for half measures. She was ambitious. She was persuasive and convinced.*

*I had the wrong impression that Pauline was "eternal" For me, Pauline was "there". She was there to lead, she was there to listen, she was there to comment and give her expert opinion, she was there to organize. I took it for granted that she would "always" be there..... But Pauline was also deeply human, which confronted her with her finitude, as it did all of us. And it caught up with her...*

*Today, I say Mission Accomplished Pauline. Rest in peace. We will never forget you.*

**Michel Dagenais**

*Although I no longer practice Phlebology in my practice, I had the very best education by attending Pauline's courses in Houston for years. She was a great teacher and I am so grateful to have such a wonderful mentor who broke complexity into simplicity and thus, it all made sense. She was the very best and I am so proud of her and so honored and fortunate to have been her student.*

**Harlan Bieley, MD, MS**



# Remembering Pauline

*It is with heavy hearts and deep sorrow that we learned of Dr. Martimbeau's passing at the beginning of this November.*

*The world of phlebology has lost an icon, a pillar.*

*She leaves behind her family, her friends, her loyal and grateful patients, her colleagues, and an entire community that she helped build with love and dedication.*

*Her extraordinary strength, unwavering determination, and boundless passion touched everyone around her. Not only did she contribute remarkably to the development of phlebology worldwide, but she also played a pivotal role in advancing women in medicine.*

*Here in Quebec, more than thirty of us - doctors from various medical fields studying the art of phlebology - had the privilege of learning from her, and benefiting from her knowledge in recent years. For many of us, she was more than a mentor; she was our role model. A passionate and determined woman who always pushed us to be our best. With her strong character, her creativity, her unparalleled sense of humor, and her enormous heart, she was always there for us, offering advice day or night, weekday or weekend. She was present in every event, involved in every moment. She was the guiding light, the beacon that showed us the way forward.*

*Although this beacon may have gone out, her light will forever remain in our hearts, and we will carry her with us.*

*With the knowledge she has passed down to us, we will continue to engage in the field of phlebology and commit to improving patient care, with the hope of honoring her and living up to the expectations she had of us.*

*Rest in peace, dear Dr. Martimbeau*



**Team Foamers  
Québec, Canada**

# Remembering Pauline

*It was a truly honor to share with Pauline. An example for every woman in our field. She inspired us to compromise in the education committee and gave our part to the new generations. I will remember her and try to keep her legacy alive.*

**Chantal Agüero Wagner**



# Remembering Pauline

*Greeting, my name is Hunain Ahmed, and I had the distinct privilege of serving as Dr. Pauline Raymond-Martimbeau's graphic designer for over a year. I want to take a moment to express my heartfelt condolences for your profound loss. On October 28th, Pauline reached out to inform me of her health condition, Even while confined to her bed due to illness, her unwavering dedication and enthusiasm for our upcoming course collaboration were nothing short of inspiring. I worked diligently on the project and submitted it to her, eagerly awaiting her feedback. However, this time was different; she hadn't responded for several days, which heightened my concern. Given the context of her health condition, I reached out repeatedly, hoping to hear from her. Each unanswered message deepened my apprehension, It was a painful moment of uncertainty, and little did I know that would I have the chance to connect with her again?*

*Then, in a moment that shattered my world, I turned to the internet out of curiosity and was hit with this devastating news — something I never saw coming, reading the news of Dr Pauline Raymond-Martimbeau passing was a gut-wrenching moment that left me in a state of sorrow. I felt an overwhelming wave of sadness wash over me, as memories of our collaborations flooded my mind. Each project we worked on together was not just a task; it was a shared journey filled with creativity, and mutual respect. The thought of never hearing their insightful feedback or sharing another light-hearted conversation felt like a heavy weight on my heart.*

*Even in her final days, she radiated an extraordinary commitment to our work, her thoughts consumed by the upcoming course we were set to embark on together. It was a powerful testament to her passion and unwavering dedication, a striking reflection of her indomitable spirit in the face of unimaginable challenges. The knowledge that she was still envisioning our future projects, even as she battled her own mortality, is both profoundly inspiring and heart-wrenching.*

*Her determination to forge ahead, to create and contribute, serves as a poignant reminder of the strength we can draw from our passions, even amidst life's most daunting uncertainties. In those moments, she taught me that true resilience lies not just in enduring hardship, but in the relentless pursuit of purpose and connection. Her legacy will forever echo in my heart, profoundly shaping my understanding of collaboration and the incredible power of the human spirit to rise above adversity.*

*I've been reflecting on our past projects and the incredible dedication Dr Pauline Raymond-Martimbeau showed, even during her toughest moments. It's a reminder of the passion we all share for our work and the impact we can create together. As we look ahead to future projects, I would love to connect and discuss how we can continue her vision and carry on the momentum we built. Your insights and collaboration would mean a lot to me, and I believe we can achieve something truly special together.*

**Hunain Ahmed**

# UIP 2025: BUENOS AIRES, ARGENTINA



Buenos Aires 2025

## YOUR WISHES FOR UIP 2025



Planning has begun for the **UIP World Congress in Buenos Aires in 2025.**

Start thinking now about what **YOU** would like to see at the Congress, as we will be releasing our **"Wishing Box"** for your suggestions.

# UIP 2025: BUENOS AIRES, ARGENTINA

# UIP

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# INTERNATIONAL ANGIOLOGY: ACCESS

International Angiology, the *Official Journal of the International Union of Phlebology*, provides discount online journal access to members of UIP Member Societies.

- Tier 1\* societies - €45.00 per member, including taxes for online access
- Tier 2 and 3 societies\* - Free access
- Residents (Tier 1, 2 and 3) - Free access

Requests for access come directly from the Member Society for its members. If the member society does not wish to provide access, requests can come from individuals, providing they can provide proof of their membership status.

## Accessing the Journal - UIP Member Societies

1. Download: The membership template spreadsheet from the UIP website:

<https://www.uip-phlebology.org/uip-official-journal>

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2. Email your completed spreadsheet to International Angiology  
[journals.dept@minervamedica.it](mailto:journals.dept@minervamedica.it)

Ensure you include the detail of the Member society requesting access.

**EMAIL**

3. Payment: The society receives an invoice for Journal Access from International Angiology

**PAYMENT**

4. Once paid, each individual member receives journal access instructions from *International Angiology*

**ACCESS!**

\* UIP Tiers are defined by the UIP Constitution (Schedule 4), <https://www.uip-phlebology.org/constitution>

## Saphenous vein versus synthetic graft in arteriovenous fistula for hemodialysis in patient with inaccessible veins

**Ali M. GALAL, Mohamed A. ISMAIL, Marco S. ABDRABO, Ahmed K. MAHMOUD**

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<https://doi.org/10.23736/S0392-9590.24.05287-8>

### ABSTRACT

**BACKGROUND:** An autologous arteriovenous fistula (AVF) provides an optimal and secure way for managing the condition. An optimal blood supply to hemodialysis is linked to decreased incidence of complications and mortality, as well as reduced expenses. The objective of this research was to evaluate the outcome of people with suboptimal superficial venous system quality or who had exhausted all available arteriovenous fistula options, who received either autologous saphenous vein graft or polytetrafluoroethylene (PTFE) interposition graft as an access for effective hemodialysis.

**METHODS:** This prospective randomized controlled trial was carried out on fifty cases with chronic renal failure on hemodialysis and inaccessible superficial veins of both upper limbs for AVF. Cases were separated into two equal groups: Group A: cases performed saphenous vein repositioning graft for hemodialysis access. Group B: cases who underwent PTFE interposition graft for prosthetic hemodialysis access.

**RESULTS:** Time for maturation and time for graft maturation, operative time, hospital stay, and postoperative HB were significant increase in group A in contrast to group B ( $P < 0.05$ ). Blood loss was significant decrease in group A in contrast to group B ( $P < 0.001$ ).

**CONCLUSIONS:** Patients underwent saphenous vein repositioning graft for hemodialysis access required prolonged operative time and hospital stay. Cases that underwent PTFE interposition graft for prosthetic hemodialysis access were less in time for maturation and time for graft maturation.

**KEY WORDS:** Arteriovenous fistula; Blood vessel prosthesis; Hemodialysis



## Prescription versus over-the-counter venotonics: HPLC-DAD and static digestive model simulation comparison

**Robert NOVOTNY<sup>1</sup>, Matyas ORSAK<sup>2</sup>, Jaromir LACHMAN<sup>2</sup>, Kotikova ZORA<sup>2</sup>, Barbora NOVOTNA<sup>3</sup>, Jaroslav HLUBOCKY<sup>4</sup>, Jan PITHA<sup>5</sup>, Libor JANOUSEK<sup>1,6</sup>**

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<https://doi.org/10.23736/S0392-9590.24.05291-X>

### ABSTRACT

**BACKGROUND:** Venotonics are a class of therapeutically active molecules that have vaso-protective effects. They are used to alleviate venous diseases and disorders, particularly venous insufficiency. We compared the composition of prescription versus over-the-counter (OTC) venotonics using high-performance liquid chromatography with UV detection (HPLC-DAD) and simulating their digestion using a static digestive model.

**METHODS:** From each drug, five tablets were weighed. A homogenate was prepared, and 25 mg of crushed homogenized tablets were weighed into 25 ml volumetric flasks. Dissolved in MeOH and added two drops of saturated NaOH solution. The samples were filtered into vials (Teflon, 0.45 µm) and used for analysis. An Ultimate 3000 HPLC system (Thermo Fisher Scientific, Waltham, MA, USA) consisting of a quaternization pump, autosampler, column thermostat and DAD (UV/VIS detector) was used. The composition of the mobile phase proceeded in a linear gradient from 30% methanol and 70% phosphoric acid (0.15%) in water at time t=0 min. to 80% methanol and 20% phosphoric acid (0.15%) at time t=15 min., at a constant mobile phase flow rate of 1.2 mL/min. Detection was performed using a DAD detector in the 190–450 nm wavelength range. The content of monitored flavonoids was calculated from peaks at a wavelength of 277 nm, in which both flavonoids have their absorption maxima. The static digestive model was used to simulate the digestive phase from the oral cavity to the corresponding intestinal phase.

**RESULTS:** The content of diosmin and hesperidin (mg per table) for a prescription drug: Detralex: 480 mg, 26 mg. The content of diosmin and hesperidin (mg per tablet) for OTC drugs: Venostop: 502 mg, 48 mg, Diosminol: 520 mg, 50 mg, Devenal: 496 mg, 49 mg, Diohes: 493 mg, 46 mg. Digestion did not affect the solubility of all tested drugs. The active substances could not be determined in the non-alkalized sample. After alkalization, part of the insoluble matter was visibly dissolved and converted to a yellow flavonoid complex. Neither diosmin nor hesperidin could be identified afterwards.

**CONCLUSIONS:** Our experimental results show that the contents of both listed active substances, diosmin and hesperidin, met the declared amounts in all tested medicaments. Digestion simulation showed identical behaviour in prescription and OTC venotonics. The active substances could not be determined in the non-alkalized sample. Digestion did not affect the solubility of the tested drugs.

**KEY WORDS:** Hesperidin; Diosmin; Flavonoids

# INTERNATIONAL ANGIOLOGY ABSTRACTS

## Interventions for the treatment of recurrent varicose vein disease arising from the saphenofemoral junction or the great saphenous vein: A systematic review and meta-analysis

**Alkis BONTINIS<sup>1</sup>, Vangelis BONTINIS<sup>1</sup>, Georgios KOUDOUNAS<sup>2</sup>, Argirios GIANNOPOULOS<sup>1</sup>, Christos KARKOS<sup>2</sup>, Dimitrios VIRVILIS<sup>3</sup>, Angeliki CHORTI<sup>1</sup>, Kiriakos KTENIDIS<sup>1</sup>**

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<https://doi.org/10.23736/S0392-9590.24.05323-9>

### ABSTRACT

**INTRODUCTION:** We investigated the safety and feasibility of the available interventions in the treatment of recurrent varicose vein disease.

**EVIDENCE ACQUISITION:** A systematic search on Medline, Scopus, and Web of Science for articles published by August 2024 was performed. Primary endpoints included duplex ultrasonography (DUS)-identified recurrence and clinical recurrence.

**EVIDENCE SYNTHESIS:** Twenty-eight studies, eleven describing endovenous thermal ablation (EVTA), four ultrasound-guided foam sclerotherapy (UGFS), and thirteen surgery (high ligation with or without stripping) encompassing 2228 limbs, were included. The overall DUS-detected recurrence estimate was 11.84% (95% CI: 7.15-17.40). EVTA displayed the lowest recurrence of 4.27% (95% CI: 0.37-10.75), followed by UGFS 11.19% (95% CI: 6.80-16.42) and surgery 23.27% (95% CI: 15.35-32.19). Statistically significant differences were observed between surgery and both EVTA ( $P < 0.01$ ) and UGFS ( $P = 0.01$ ). The overall clinical recurrence estimate was 24.91% (95% CI: 10.40-42.96) with EVTA portraying the lowest clinical recurrence of 2.37% (95% CI: 0.00-16.81), followed by surgery 31.08% (95% CI: 14.43-50.63). Subgroup analysis identified statistically significant differences between EVTA and surgery ( $P = 0.01$ ). Whereas non-statistically significant differences were identified between the included interventions regarding paresthesia and deep vein thrombosis (DVT), surgery exhibited higher wound infection estimates compared to EVTA of 0.00% (95% CI: 0.00-0.80) versus 4.34% (95% CI: 2.21-7.02,  $P < 0.01$ ). The pooled hematoma and lymphatic complication estimates for surgery were 5.04% (95% CI: 0.50-12.87) and 5.71% (95% CI: 2.91-9.22) respectively.

**CONCLUSIONS:** This review demonstrated the superior efficacy of EVTA over surgery in treating recurrent varicose vein disease corroborating its use as the preferred treatment, when feasible. Additionally, UGFS displayed comparable outcomes to EVTA. The notable recurrence estimates associated with surgery call into question its suitability within this context.

**KEY WORDS:** Varicose veins; Laser therapy; Ablation techniques; Sclerotherapy; Pathologic neovascularization

# INTERNATIONAL ANGIOLOGY ABSTRACTS

## Effects of light compression on chronic venous disease, edema and comfort in women during pregnancy and postpartum period: a prospective randomized study

Aleksandra FRYDRYCH-SZYMONIK \*,  
Katarzyna OCHAŁEK, Agnieszka  
JANKOWICZ-SZYMAŃSKA,  
Zbigniew SZYGUŁA

[DOI: 10.23736/S0392-9590.24.05208-8](https://doi.org/10.23736/S0392-9590.24.05208-8)



## Current evidence on the effectiveness and safety of oral anticoagulants in superficial venous thrombosis: a systematic review and meta-analysis

Vito A. DAMAY \*, Ignatius IVAN, Marc  
VUYLSTEKE

[DOI: 10.23736/S0392-9590.24.05309-4](https://doi.org/10.23736/S0392-9590.24.05309-4)



## Effect of hemodynamic suppression on cognitive function in patients after carotid artery stenting

Weidong FAN, Kun LIU, Xingyou GUO,  
Tuo ZHANG, Ming LI, Tong QIAO \*

[DOI: 10.23736/S0392-9590.24.05318-5](https://doi.org/10.23736/S0392-9590.24.05318-5)



## Atherosclerotic cardiovascular disease risk based on SCORE algorithms and reclassification based on preclinical atherosclerotic plaques

Andrew N NICOLAIDES \*, Andrie G  
PANAYIOTOU, Maura B GRIFFIN,  
Theodosios TYLLIS, Efthymoulos  
KYRIACOU, Costantinos AVRAAMIDES,  
Dawn BOND, Niki GEORGIU, Despo  
IERODIAKONO, Christiana A  
DEMETRIOU, Richard M MARTIN

[DOI: 10.23736/S0392-9590.24.05248-9](https://doi.org/10.23736/S0392-9590.24.05248-9)



## Mini-skin longitudinal incision versus traditional longitudinal incision for carotid endarterectomy in patients with carotid artery stenosis: a systematic review and meta-analysis

Filipa JÁCOME \*, José OLIVEIRA-PINTO,  
Ana DIONÍSIO, Andreia COELHO,  
José F RAMOS, Armando MANSILHA

[DOI: 10.23736/S0392-9590.24.05300-8](https://doi.org/10.23736/S0392-9590.24.05300-8)



## Management of arterial hypertension in patients with peripheral arterial disease

Pavel POREDOŠ, Dimitri P. MIKHAILIDIS,  
Kosmas I. PARASKEVAS, Aleš BLINC, Pier  
L. ANTIGNANI, Agata STANEK,  
Armando MANSILHA, Matija CEVC \*

[DOI: 10.23736/S0392-9590.24.05242-8](https://doi.org/10.23736/S0392-9590.24.05242-8)



## Organization of angiology in countries with associate societies of International Union of Angiology

Pavel POREDOS \*, Pier L. ANTIGNANI,  
Peter POREDOS, Armando MANSILHA

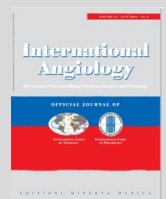
[DOI: 10.23736/S0392-9590.24.05336-7](https://doi.org/10.23736/S0392-9590.24.05336-7)



## Midterm results after FEVAR and open surgery for infrarenal aortic aneurysms with short proximal necks: systematic review with meta-analysis of comparative studies

Diana LOPES \*, José OLIVEIRA-PINTO,  
Armando MANSILHA

[DOI: 10.23736/S0392-9590.24.05283-0](https://doi.org/10.23736/S0392-9590.24.05283-0)



# UIP MONTH 24



an **OPEN TO EVERYONE** zoom @  
**10 am** NYC time - **4 pm** Rome time - **10 pm** Bangkok time  
to hear **YOUR vision, YOUR ideas, YOUR needs**  
and to remember that

UIP starts with «U»



for YOUR topic reservation please write to [president@uipmail.org](mailto:president@uipmail.org)

<https://us02web.zoom.us/j/88913605824?pwd=QklhcDVPd01nQ3YvbTk5WUIMMFNaQT09>

Meeting ID: 889 1360 5824

Passcode: 916415

YOU



YOU

On behalf of all the International Union of Phlebology (UIP), I'd like to bring to all the healthcare professionals and the public attention the **UIP March 24 initiative**.

UIP was founded on March 24, 1959 and in the following 64 years it has been surely succeeding in bringing the vein & lymphatic world together, counting now on 81 Scientific Societies from all continents.

In order to honor **UIP March 24, 1959** birthday, every 24 of the month at 4 pm Rome time, myself and eventually available Executive Committee members will have an open to everyone zoom call where all the vein-lymphatic world and the public are invited to join to present their vision, ideas and eventual needs.

This glimpse of the current Phlebo-Lymphology around the world will provide the opportunity to analyze how the UIP can serve at best its member societies, while advocating for both colleagues and patients independently by their belonging or not to the UIP.

It's the UIP hope that you will like to take part in this initiative, so to develop together "present actions" while looking together at the brightest future.

Pre-submitted topics for discussion will have precedence in the hour dedicated to this initiative: in case, feel free to send yours at [president@uipmail.org](mailto:president@uipmail.org).

# UIP MONTH 24

The zoom call will be recorded so to allow everyone to enjoy the content on demand in case.

Looking forward for demonstrating together that **UIP starts with "U"**, UIP looks forward for **listening to "U"** at this zoom link:

<https://us02web.zoom.us/j/88913605824?pwd=QklhcDVPd01nQ3YvbTk5WUIMMFNaQT09>

**Meeting ID: 889 1360 5824    Passcode: 916415**

Whatever need, do not hesitate to reach out to me ([gnsstrg@unife.it](mailto:gnsstrg@unife.it) ; t. +393498012304)



*UIP Executive Committee 2022-2025*



Sergio Giancesini, MD PhD  
FACS

m. gnsstrg@unife.it  
t. +393498012304  
UIP 2023-2027 president

# UIP SOCIETIES: PAST, PRESENT & FUTURE

## Korean Society of Phlebology — KSP

### History and members

The Korean Society of Phlebology (KSP), established on March 31, 2001, is a leading multidisciplinary academic society in South Korea dedicated to advancing the diagnosis, treatment, and research of venous diseases. Over the past 24 years, KSP has grown into a robust organization with over 300 regular members and 1,500 associate members from diverse medical specialties such as surgery, vascular and thoracic surgery, dermatology, radiology, and more.



### Academic Leadership and Achievements

KSP has consistently demonstrated academic leadership through:

- Biannual Conferences: Held every spring and autumn in regional areas and Seoul.
- Journal Publications: Published twice annually to disseminate cutting-edge research findings.
- Clinical Guidelines: Pioneering the standardization of venous disease treatment in South Korea with impactful publications, including:
  - The first clinical practice guidelines for varicose veins (2013).
  - Updated clinical practice guidelines for varicose veins (2020).
  - Recommendations for duplex ultrasound imaging for venous insufficiency (2022).
  - Evidence-based duplex ultrasound diagnostic methods for venous insufficiency (2023).
  - Korean translation of the "2023 Society for Vascular Surgery (SVS), American Venous Forum, and American Vein and Lymphatic Society Clinical Practice Guidelines for the Management of Varicose Veins of the Lower Extremities. Part II: Endorsed by the Society of Interventional Radiology and the Society for Vascular Medicine" (2024).

### 2015 SEOUL UIP



# UIP SOCIETIES: PAST, PRESENT & FUTURE

## Korean Society of Phlebology — KSP

### Research Scholarship Program

Since 2020, KSP has supported academic advancements through its Research Scholarship Program, selecting recipients twice a year to encourage innovative research in venous diseases.

### Global Engagement

KSP plays a key role in the international phlebology community through:

- Hosting the UIP World Congress in Seoul (2015), which welcomed over 700 participants from 58 countries. (Congress President. Prof. Dong-Ik Kim)
- Vice President of UIP : Prof. Dong-Ik Kim (2018 ~ 2023)
- Establishing regular exchanges with the Japanese Society of Phlebology since 2024.
- Active participation in international conferences across Asia, Europe, and the Americas.

### Advocacy and Public Health Initiatives

KSP is committed to raising public awareness and improving healthcare policies for venous disease, a condition often underestimated despite its significant impact on quality of life. Key initiatives include:

- Advocating for insurance coverage of advanced treatments for varicose veins.
- Developing educational programs to promote early diagnosis and treatment of CVD.
- Signing an MOU with Goseong Province in 2024 to enhance vascular health of residents through public health education, early screening programs, and improved access to specialized care.

### Future Directions

Looking ahead, KSP aims to strengthen global collaborations while continuing to advance research, education, and clinical practice. By addressing challenges such as low public awareness of CVD and promoting early intervention, KSP strives to improve patient outcomes and quality of life worldwide. With its dedication to innovation and excellence, KSP invites international scholars and organizations to join its mission of advancing venous health on a global scale.

KSP 2024



# EVENTS

One of the main UIP visions is to **promote productive relationships among societies**. With this vision, we report both **events with UIP auspices and events without**, so to inform everyone about possible educational activities. The hope is also to offer a tool useful for the colleagues organizing future meetings, so to avoid overlapping among events.

For more information about events visit: <http://www.uip-phlebology.org/events>

If you would like your event to appear in the UIP Newsletter, contact us at [communications@uipmail.org](mailto:communications@uipmail.org)

## EVENTS CALENDAR

### APRIL 2025

#### **World of Phlebology in Prague**

22-25 APRIL 2025

*PRAGUE, CZECH REPUBLIC*

### JUNE 2025

#### **Veins and Lymphatics in Focus**

20-21 JUNE 2025

*THE NETHERLANDS*

### MAY 2025

#### **ACP2025 Annual Scientific Meeting of the Australasian College of Phlebology**

9-12 MAY 2025

*GOLD COAST, AUSTRALIA*

### SEPTEMBER 2025

#### **67th Annual Meeting of the German Society of Phlebology and Lymphology**

24-27 SEPTEMBER 2025

*SALZBURG, GERMANY*

### JUNE 2025

#### **15th Balkan Venous Forum**

12-15 JUNE 2025

*GOLDEN SANDS, BULGARIA*

### OCTOBER 2025

#### **XXI UIP WORLD CONGRESS**

8-11 OCTOBER 2025

*BUENOS AIRES, ARGENTINA*



# UIP

INTERNATIONAL  
UNION OF  
PHLEBOLOGY

[www.uip-phlebology.org](http://www.uip-phlebology.org)



# UIP SOCIETY MEMBERSHIP: BENEFITS

**Did you know that as a member of UIP Society you can have access to different benefits?**

- ✓ Access to **International Angiology** -  
(Free access for medical residents and for Tier 2 and 3 society members)\*
- ✓ Access to **UIP Education Modules** (Free access for Tier 2 and 3)\*
- ✓ Access to **latest news, UIP Newsletter**
- ✓ Access to **UIP Discussion Forums**

*\*Tier: refers to the category of membership. If unsure about the classification of your country, please check on our website.*

## Accessing the Member Portal

1. Contact your society and ask them to add your name to the members of the UIP website.
2. The society uploads a membership list through their society page (Instructional Videos available online).
3. You will receive an email confirming your username and password.

### *International Angiology*

The Journal of Vascular  
Biology, Medicine, Surgery &  
Phlebology



Let your society know if you  
require International Angiology  
access\*.

*\*fees apply for Tier 1 countries*

### *UIP Education Modules*

Accessing the UIP Education  
Modules



1. Go to the **Online Education page**.
2. Click "**Enrol Now**".
3. Complete the forms with the information requested.

### *UIP Discussion Forums*

Accessing the UIP Discussion  
Forums



1. Log in the UIP website with your username and password.
2. Access the Discussion Forum through the member portal.

# UIP ANNOUNCEMENTS

## INVITATION FOR NEWSLETTER CONTENT

### UIP SPEAKER BOX

The UIP is delighted to offer all its members to report a comment in future editions of the UIP newsletter. Topics can be related to evidence based science, phlebotomy advancement, problem solving in clinical practice. If you are interested in submitting a comment, send a 300 word summary to:

[communications@uipmail.org](mailto:communications@uipmail.org)

## SPONSORSHIP OPPORTUNITIES

The UIP welcomes sponsorship for its newsletter from Industry. If you are interested in placing and advertisement or sponsoring the UIP newsletter, please contact us at:

[execdirector@uipmail.org](mailto:execdirector@uipmail.org)

## ABOUT US



The UIP Newsletter has been produced and distributed from Australia and Argentina, with the contribution of the members of the UIP.

The UIP Newsletter Editor is Gabriela Sfarcich from Argentina.

Advertising opportunities are available, and contributions and enquiries are welcome!

## SOCIAL MEDIA



### ***Keep in touch!***

Follow our social media accounts and make sure you will be notified of updates, deadlines and important news!